

26th January 2021

I can explain how to be a careful shopper.



1) What were the last five things you bought?

2) Did you really need them?

3) Have you ever bought anything that you didn't really need to or haven't actually used?

4) How can you be a careful shopper, so that you don't waste your money?

Think of all the different things you could do.



How can you be a careful shopper, so that you don't waste your money?

- Having a list
- Research prices and shops first
- Don't impulse buy
- Don't always buy branded goods
- 24 hour rule (wait 24 hours and see if you still want it)
- Ask for advice from others
- Think of what else you could buy for the same amount
- Set a spending limit
- Add the cost up as you go shopping.

5) Write a list of the top 5 places / shops that you do most of your shopping (online counts too).

