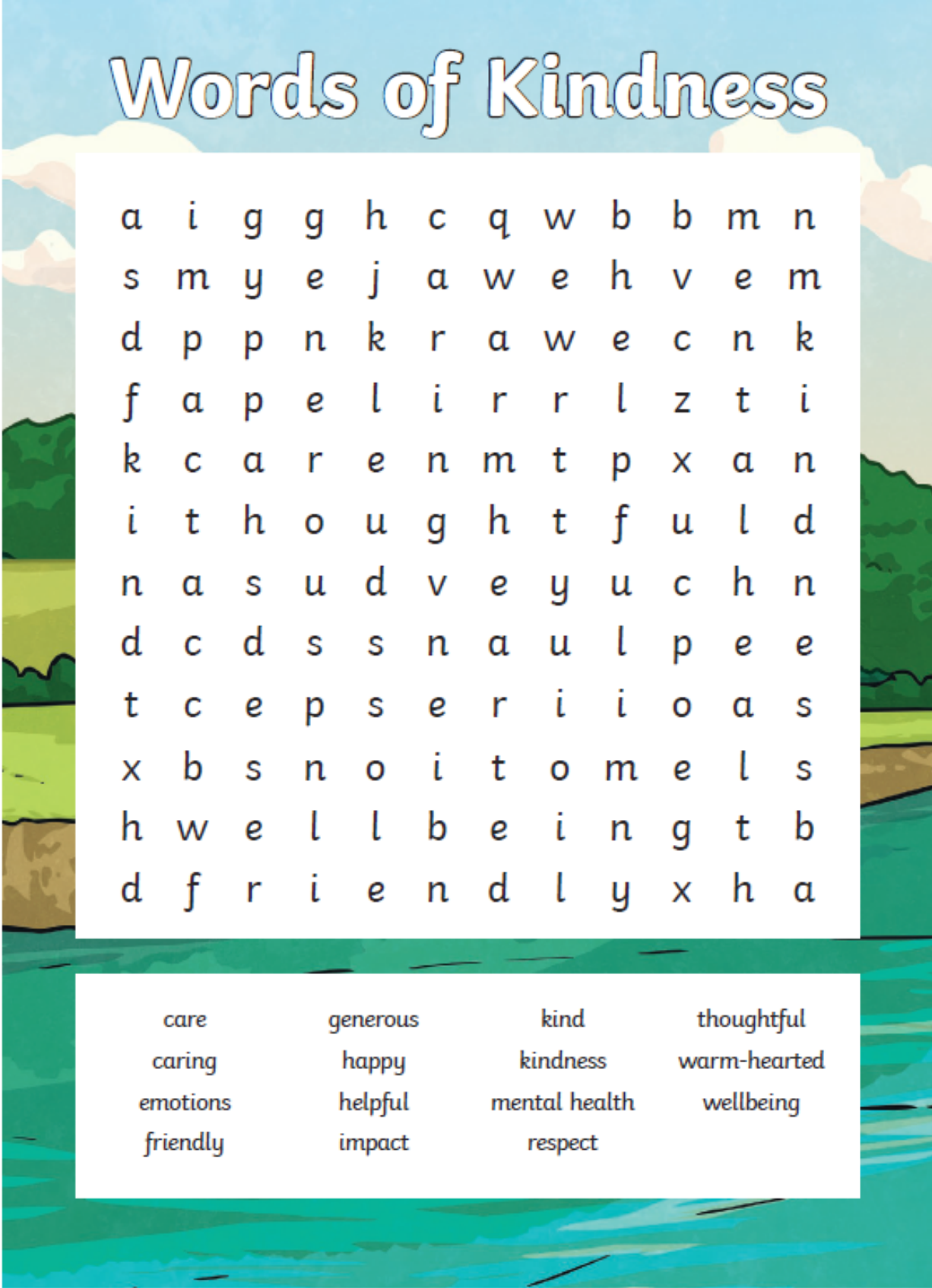


Kindness

Monday Task 1 - PSHE and citizenship

Can you find the words of kindness?



Words of Kindness

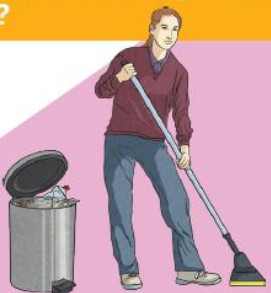
a	i	g	g	h	c	q	w	b	b	m	n
s	m	y	e	j	a	w	e	h	v	e	m
d	p	p	n	k	r	a	w	e	c	n	k
f	a	p	e	l	i	r	r	l	z	t	i
k	c	a	r	e	n	m	t	p	x	a	n
i	t	h	o	u	g	h	t	f	u	l	d
n	a	s	u	d	v	e	y	u	c	h	n
d	c	d	s	s	n	a	u	l	p	e	e
t	c	e	p	s	e	r	i	i	o	a	s
x	b	s	n	o	i	t	o	m	e	l	s
h	w	e	l	l	b	e	i	n	g	t	b
d	f	r	i	e	n	d	l	y	x	h	a

care	generous	kind	thoughtful
caring	happy	kindness	warm-hearted
emotions	helpful	mental health	wellbeing
friendly	impact	respect	

Extra for experts - can you make your own wordsearch using words of kindness?

Tuesday - Task 2 - PSHE and citizenship

Read through the scenarios and think about how you could show kindness

Scenario	Kindness
One of your classmates has had some sad news. What random act of kindness could you carry out? 	
 You see someone upset at playtime. They are feeling lonely and are finding it hard to make friends. What random act of kindness could you carry out?	
 Someone in your class is worrying about their school work and is feeling like they aren't good enough. What random act of kindness could you carry out?	
Someone in your home is working very hard to make sure all the household jobs are done. What random act of kindness could you carry out? 	

Wednesday Task 3 - PSHE and citizenship

Here is a piece of artwork that uses kind words. You can either colour this piece of art work or perhaps create a piece of artwork of your own?



Task 4 - PSHE and citizenship

Write a postcard to a friend, neighbour or someone at your local care home to brighten up their day and help them feel connected to their community. On the back of the postcard, draw a picture of something that could make them smile.