

Gawber Primary School
Strategic Plan for Mental Health and Wellbeing
Academic year 2023/24

	Action	When	Who	Success criteria	Resources	Monitoring Who?How?
Leadership and management	Teaching staff to receive training on self-harm	Aut 1 2023	CD (Wellbeing governor)	Staff can articulate what to look for with regards to self-harm and who to report any concerns to.	Staff meeting	DB (SMHL) a
Ethos and Environment	Update the wellbeing board in school and give our new wellbeing ambassadors an opportunity to talk to their peers about their role	September 2023	DB and LH	Children know who our wellbeing ambassadors are and what their role is		DB/wellbeing governor LB
	A timetable to be in place so that children who are identified as needing some 'safe' time can access these resources	September 2023	SMHL and wellbeing TA	Wellbeing areas are being regularly used both during class time for those requiring sensory breaks and at lunch times/ break times for wellbeing sessions	Use of 3 houses assessment to help identify which children may require additional support	

Curriculum	Monitoring of RSHE sessions, pupil voice and books CD to discuss training needs with teaching staff	CD Spring term 2024		Conversations with children demonstrate that they are developing an understanding of the key themes being taught. They confidently use the appropriate year group vocabulary from our progression documents	PSHE subject leader time	DB and CD
Identifying need and monitoring impact	Trends from worries/concerns to be incorporated into assembly planning and PSHE curriculum, circle time. Assembly themes to be reviewed to accommodate any emerging issues/needs.	September 2023	DB, LH	3 houses will inform a pyramid of need. Interventions are mapped to vulnerable children who require support CPOMS records will show action is being taken to address emotional needs.	Class time Targeted support sessions for children identified as needing further support	DB, wellbeing TA and SENDco
Targeted support and appropriate referrals	SMHL will research local support on offer to families eg TADS and Compass B	September 2023	SMHL and SENDCO	SMHL and SENDco have an improved understanding of local MH services and begun to develop a	SMHL - time	SMHL and SLT

	Plan in place to support vulnerable children with transition both between classes and schools	Spring /summer 2024		relationship with local providers Additional support is in place utilising support from external agencies where appropriate		
Staff Development	SLT to look at ways of continuing to reduce workload TAs to have weekly meetings to support with all areas of their role including support with managing workload and training needs	Ongoing 2023 ongoing	SLT and LB wellbeing governor	Staff talk about improved workload and the actions which have been taken Staff speak positively about improvements in work related well-being and the actions taken from SLT to improve this.	SLT cover	DB and wellbeing governor
Working with parents/carers	Wellbeing resources and services to be shared on the website and to be signposted at regular intervals on the weekly newsletters. Leaflets on wellbeing to be on display in the reception lobby and available at parents' evenings for parents' to take away	Autumn term 2023	CD and wellbeing TA	Parents can articulate a greater understanding of the school's approach to mental health and well-being	Time for wellbeing TA	DB/CD
Student voice	Meetings to be held each half term with wellbeing ambassadors to share what they feel is working well, and what isn't, what resources they may need and what	September 2023	DB/ LH	Children and staff have a good understanding of the challenges and what		DB/ LH

	needs to be shared with all children through class discussions/ assemblies. Feedback from wellbeing ambassadors on which children are still benefiting from some wellbeing support and which children no longer need to attend			actions which have been taken. Greater awareness of well-being and mental health		
NOTES:	The wellbeing areas were developed prior to doing the SMHL training. This is an ongoing project that we are further enhancing.					