



PE Intent, Implementation and Impact

Intent

At Gawber, we feel that PE plays an important part in our children's lives. We aim to provide lessons that allow children to develop their skills through a wide range of activities.

Children are encouraged to use their **curiosity** to explore different skills within the PE curriculum through a variety of activities. They are **respectful** towards others and their abilities within lessons and competitions. Our curriculum is focused on children being **resilient**, allowing them to evaluate their own and others' performances in a positive way in order to help develop. Pupils are given opportunities to work **creatively**, both **independently** and **collaboratively** within a range of contexts in PE lessons. We aim for all children to have high **aspirations** for themselves and others in PE throughout their time at Gawber and in the future.

At Gawber, we aim to deliver a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We try to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Also, we provide opportunities to compete in sport and other activities to build character and help to embed values such as fairness and respect. We aim to develop competence to excel in a broad range of physical activities, promote the importance of being physically active for sustained periods of time, for pupils to engage in competitive sports and activities and to lead healthy, active lives.

The National Curriculum:

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to: master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Participate in team games, developing simple tactics for attacking and defending and perform dances using simple movement patterns.

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils should be taught to: use running, jumping, throwing and catching in isolation and in combination. Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending. Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]. Perform dances using a range of movement patterns. Take part in outdoor and adventurous activity challenges both individually and within a team. Compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Implementation

At Gawber, PE is taught weekly with all children having access to at least two hours of physical activity per week. Lessons follow the National Curriculum in order to ensure that all children have the opportunities to develop a broad range of skills progressively throughout their school life. Alongside our teachers, we also have PE specialists that deliver high quality PE sessions to all classes within school. Many extra-curricular clubs are on offer throughout the year both at lunchtimes and after school to all year groups. All children are given opportunities to take part in inter-school competitions with other schools in the area such as multi-skills, gymnastics, football and athletics competitions at 'real-life' sporting venues.

In Foundation Stage 2, all pupils are taken on 'Wild Walk Wednesdays', which helps to embed learning in other curriculum areas, as well as promoting the importance of a healthy lifestyle from a young age.

In Upper Key Stage 2, children take part in the Daily Mile. Year 5, complete this every morning within the school grounds. In the summer term, Year 6, also partake in the Daily Mile. In the final term, children in Year 6 also compete in intra-school competitions in tennis and table tennis. All children take part in our 'traditional style' sports day in summer, allowing them to compete against others in a fun way.

Some areas of the PE curriculum are embedded further during school visits. For example, Year 5's residential visit to Castleton has a huge focus on outdoor and adventurous activity

challenges, providing children with great resources and surroundings to compete individually and as a team.

As a school, we have also taken part in the Beat the Street campaign for the last two years, aimed at encouraging children to become more active by either walking, cycling etc. to school.

All children are given the opportunity to take part in Bikeability in Upper Key Stage 2, which not only promotes a healthy lifestyle, but highlights the importance of keeping safe on the roads, especially for those children riding their bikes to and from school.

Swimming is taught in Year 4, all children have access to swimming lessons in order to swim competently, confidently and proficiently over a distance of at least 25 metres. To use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] and to perform safe self-rescue in different water-based situations. Any children that need extra support are invited for extra lessons in Upper Key Stage 2.

At Gawber, we have an annual 'Gawber Fun Run' which allows all children to take part in a fun walk or run around the school grounds as a sponsored event, allowing children from different year groups to come together and support and encourage one another.

Impact

Children at Gawber have a positive attitude towards PE and Sport. They realise the importance of living a healthy lifestyle and develop fundamental motor skills from a young age, which enables them to develop a broader range of skills as they progress throughout school. Many children take part in inter-school competitions within the local area and show their resilience when competing. All children take part in our annual Fun Run and our sports days. All children leave Gawber being able to swim at least 25 metres. Children can evaluate theirs and others' performances and offer ways to make a performance better.