

Playground Leaders



Fundamental Motor Skills

- 1) Locomotive Skills - running, jumping, hopping
- 2) Stability Skills - balance activities
- 3) Manipulative Skills - throwing and catching

Timetables

The Y6 children volunteered for either morning or afternoon breaks.

Groups of four.

Each class receives a session with the playground leaders each week. Year 1 and Year 2 have extra sessions - more opportunities to develop their FMS.

Training

All the Y6 children received training:

- What qualities does a playground leader need to have?
- Safety considerations e.g. weather, space, appropriate activities.
- Injuries and first aid incidents.
- Activities - children created their own activities as well as having access to many other resources too.
- We had an audit of the 'green box' to base their activities on.
- Fundamental Motor Skills were explained.
- Decide whether a warm up is needed.



Next Steps

Keep a record of which activities have been delivered and evaluate them.

Create sessions for EYFS children at the end of the spring term.