

Ready to Progress in PE

At Gawber, we use formative assessment to check the component knowledge and vocabulary that children acquire in their learning.

Summative assessment draws together the three pillars of progression for PE, through the children's application of their knowledge and skills within a final task such as a game of rounders or a final routine in gymnastics etc. Below are summative statements for the areas of PE we focus on at Gawber.

Ready to Progress in Basketball in Games at Gawber

EYFS	I know to have my hands ready to catch and to look at the target when sending the ball so that I can begin to explore throwing and catching a ball with some accuracy. I know about playing fairly and following simple rules so that we can take turns when playing games.
1	I know how to bounce the ball and to keep my eye on the ball so that I can begin to explore dribbling and begin to catch with two hands. I know to face my body towards the target I am throwing at so that I can begin to throw with more accuracy.
2	I know the impact of stepping forward with my opposite foot to my preferred throwing arm so that I can throw more accurately. I know to keep the ball close and my head up when dribbling so that I can bounce the ball within a game with some control and begin to see space.
3	I know how to dribble, pass, receive and shoot so that I can begin to use my skills with some control. Also so that I can begin to attack within a game situation and apply simple tactics.
4	I know how to dribble, pass, receive and shoot so that I can use my skills with increasing control. I know how to dribble with soft touches and how to track the ball so that I can dribble the basketball with more control and make more interceptions from the opposition.
5	I know how to dribble, pass, receive and shoot so that I can use my skills with increasing control under pressure within a game situation. I know how to dribble in different directions so that I can begin to lose a defender in a game situation, whilst applying the rules of the game most of the time.
6	I know different types of passes so that I can send and receive the ball with increasing accuracy within a game of situation. I know the strategies for attacking and defending so that I can help my team maintain possession of the ball and mark successfully during a game of basketball whilst applying the rules of the game consistently.

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Ready to Progress in Tag Rugby at Gawber

EYFS	I know to have my hands ready to catch and to look at the target when sending the ball so that I can begin to explore throwing and catching a ball with some accuracy. I know about playing fairly and following simple rules so that we can take turns when playing games.
1	I know to keep my eye on the ball so that I can begin to catch with two hands. I know to face my body towards the target I am throwing at so that I can begin to throw with more accuracy.
2	I know the impact of stepping forward with my opposite foot to my preferred throwing arm so that I can throw more accurately and more direct. I know to keep the ball close so that I can maintain possession more easily.
3	I know the role of an attacker and a defender so that I can find space and also take tags to help my team at the appropriate time.
4	I know simple tactics so that I can help my team attack successfully and delay the opposing team from scoring. I understand the simple rules of the game so that I can use them often and honestly some of the time.
5	I know some strategies for the game so that I can pass, receive, tag and find space with some control within a game of tag rugby. I know the rules of tag rugby so that I can apply them honestly most of the time.
6	I know the key strategies for the game so that I can pass, receive, tag and find space with increasing proficiency within a game of tag rugby. I know the rules of tag rugby so that I can apply them honestly and consistently.

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Ready to Progress in Rounders at Gawber

EYFS	I know to have my hands ready to throw and catch and to look at the target when sending the ball so that I can begin to explore throwing and catching a ball with some accuracy using my preferred throwing hand.
1	I know keep my eye on the ball so that I can begin to catch with two hands. I know to face my body towards the target I am throwing at so that I can begin to roll and throw with more accuracy.
2	I know the impact of stepping forward with my opposite foot to my preferred throwing arm so that I can throw more accurately. I know the different types of throws so that I can begin to develop my underarm and overarm throwing skills.
3	I know simple tactics so that I can achieve a higher score and begin to show some control throwing, catching and striking the ball.
4	I know key tactics so that I can achieve a higher score and show more control throwing (underarm and overarm), catching and striking the ball.
5	I know a range of strategies for striking and fielding so that I can remain balanced and know which type of catching technique is appropriate in a game situation.
6	I know a range of throwing, catching and striking techniques so that I can demonstrate good skills, whilst following the rules, when playing a game of rounders under pressure.

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Ready to Progress in Tennis at Gawber

EYFS	I know to have my hands ready to catch and to look at the target when sending the ball so that I can begin to explore throwing and catching a ball with some accuracy. I can begin to use my spatial awareness so that I can begin to change direction when running safely.
1	I know to face my body towards the target I am hitting at so that I can begin to hit a dropped ball with a racket.
2	I know to watch the ball as it comes towards me so that it can help me to prepare to hit it and I know the ready position so that it helps me prepare quickly.
3	I know the different types of shots so that I can use my forehand and backhand to return a shot with some success.
4	I know the different types of shots so that I can use the most appropriate for the situation.
5	I know a range of skills that can be used so that I can begin to select which skill to use for the situation such as a volley shot. I know the rules of tennis so that I can apply them honestly most of the time.
6	I know the different types of serves and shots so that I can make it harder for my opponent. I know the rules of tennis so that I can apply them honestly and consistently.

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Ready to Progress in OAA at Gawber

EYFS	I can begin to explore the fundamental movement skills so that I can follow simple trails and pathways and to solve simple problems.
1	I can follow short instructions so that my partner and I can follow simple trails and give simple instructions to each other.
2	I can use my fundamental movement skills with increasing competency and confidence including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination so that I can solve simple OAA activities individually and within a small group.
3	I know how to work with others so that I can work collaboratively to solve simple problems as a team.
4	I know what a key is and how to use a map so that I can use a key and cardinal points on a map to orientate it, working individually and within a team.
5	I know that there is more than one solution to problem solving so that I can work within a team to plan, navigate, communicate to tactically solve given problems.
6	I know how to read maps and work with others so that I can orientate a map efficiently to navigate around a course with multiple points and work inclusively communicating with others, sharing job roles and leading when necessary to solve problems.

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Ready to Progress in Athletics at Gawber

EYFS	I can explore fundamental movement skills so that I can begin to run, jump, hop, balance, throw and catch and know which is my preferred hand / leg so that I can begin to show an understanding of the concept of aiming at a target.
1	I can continue to develop my fundamental movement skills so that I can start to show more control applying these to activities.
2	I know some basic strategies for running, jumping and throwing so that I can begin to develop more control and accuracy.
3	I know simple strategies for running, jumping and throwing so that I can start to go faster and further across different activities.
4	I am beginning to develop an understanding of speed and pace in relation to distance so that I can pace myself over a longer distance and use my power and speed when sprinting.
5	I know a range of strategies to use so that I can achieve higher scores in both individual and team events.
6	I know a range of strategies across a wide range of track and field events so that I can achieve my best scores. E.g. showing power, control and technique in the discus and shot put.

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Ready to Progress in Dance at Gawber

EYFS	I can begin to explore the fundamental movement skills so that I can copy basic moves and rhythms.
1	I know how to use different techniques so that I can show an idea such as using different pathways, directions and facial expressions, whilst continuing to develop my control of the fundamental movement skills.
2	I can develop fundamental movement skills with increasing competency and confidence so that I can begin to apply these to perform dances using simple movement patterns.
3	I know that actions can be performed differently so that I can create an effect that suits my purpose and the given stimuli.
4	I know ways of communicating narrative and character well so that I can respond imaginatively to a range of stimuli related to a character and narrative.
5	I know that different dance styles use selected actions so that I can create dances of my own incorporating some of these styles.
6	I know how to alter dynamics, my actions and the space so that I can perform more complex routines, using a range of movement patterns within my own dances.

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Ready to Progress in Gymnastics at Gawber

EYFS	I know the different contrasting body shapes so that I can create narrow and wide and curved and straight shapes, as well as beginning to explore stillness in preparation for balancing.
1	I can use my fundamental movement skills so that I can explore basic body shapes such as pike, tuck, straddle and straight with some control.
2	I can master basic movements including running, jumping, as well as developing balance and co-ordination so that I can explore using shapes, simple rolls, jumps and balances.
3	I begin to know what point and patch balances are so that I can explore them and begin to transition into and out of them smoothly.
4	I know what point and patch balances are and how to use my body to control them so that I can perform simple balances and movements and transition smoothly into and out of them.
5	I know of a range of rolls, body shapes, balances, jumps and inverted movements so that I can select actions within my capabilities than I can perform under control within individual and group routines.
6	I can show good level of flexibility, strength, technique, control and balance so that I can perform individual and group-based skills and routines whilst incorporating a range of rolls and some inverted movements.

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Ready to Progress in Yoga at Gawber

EYFS	I can explore the fundamental movement skills so that I can begin to use shapes in stillness using different parts of my body as well as begin to explore my own feelings in response to an activity.
1	I know that if I focus on something still it will help me balance so that I can start to use my fundamental movement skills to create simple poses where my body is stretched, curled and tensed.
2	I can develop fundamental movement skills with increasing competency and confidence so that I can copy sequences of linked poses with some control.
3	I know that using whole body part can help my balance so that I can hold a pose with more control for longer.
4	I know how to use my breath so that I can show more control whilst performing simple poses with more extension.
5	I know that applying force can aid my control so that I can begin to show confidence when transitioning between poses.
6	I know where and when to apply force so that I can confidently transition from one pose to another showing extension connected to breath, with good control.



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Ready to Progress in Swimming at Gawber

I know strategies for a range of swimming strokes so that I can competently, confidently and proficiently swim over a distance of at least 25 metres and carry out safe self-rescues.