

Wellbeing tasks

BLOBS!



The Tree: this represents a place, a group or an organisation. It could represent your family, a club, a group of friends, a church, a school, an office, a football team, a group that travel by bus or even a set of friends talking on Fortnite.

Ask yourself the question... What do the branches symbolise? They might represent safety, leadership, separation, fun or wastefulness? It depends upon how you feel as you look at them, and how you feel that day!

The Blobs: these are a variety of characters expressing a variety of feelings. It's very important to use the name Blobs, rather than he or she, as they are not white males or females, but genderless and colourless. Ask yourself questions such as...

"How do you think this **Blob** feels?" or "Which **Blob** do you think is the saddest and why?"

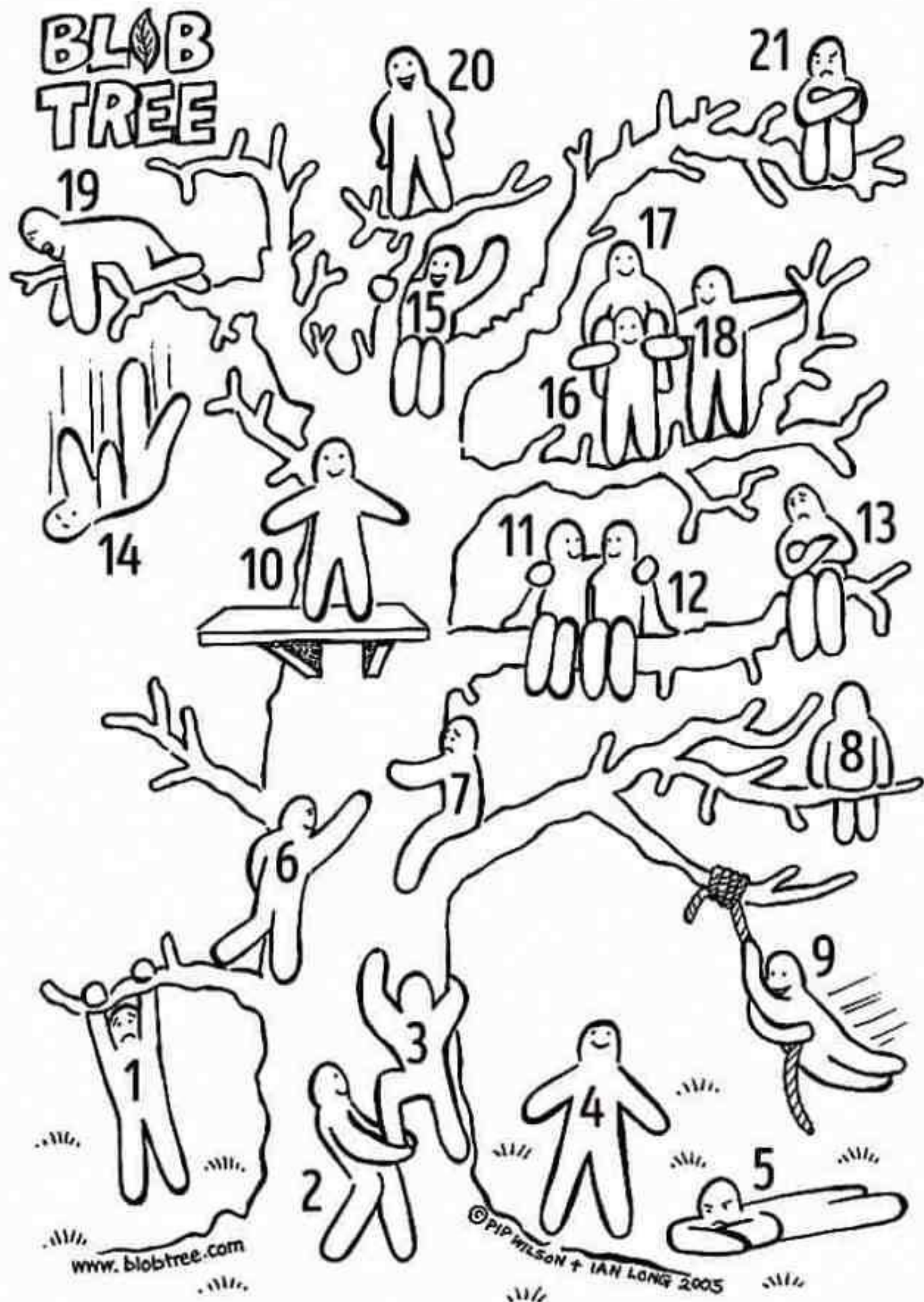
Use the blobs to try and explain their feelings. Think of background stories. Why might they feel that way? What might have happened to cause them to feel that way? Can you make links between the blobs?

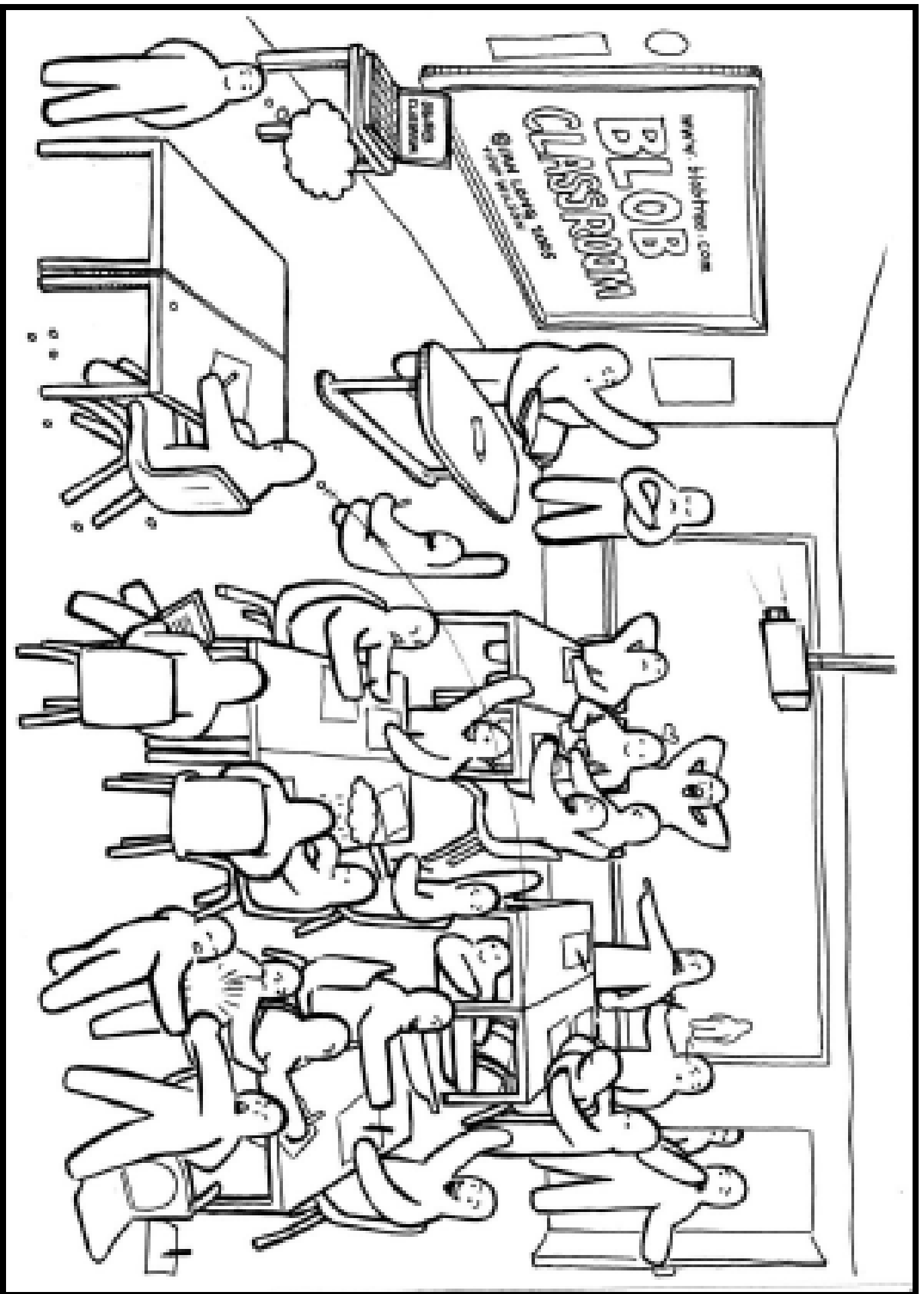
The Grass: sometimes the grass is visible under the tree. It symbolises a place away from the tree - a place where you might go after climbing out of the Tree. This isn't necessarily a negative place. After a day at school, a day at work, turning off Fortnite, hanging up the FaceTime call etc, it is nice to retreat and relax away from the group dynamic.

The grass might simply be that - a place of rest. It can also be a place of opposition to what is going on in the Tree.

Have a look at these blob pictures. Colour them, talk about them, write about them. Tell me how you interpret the pictures.

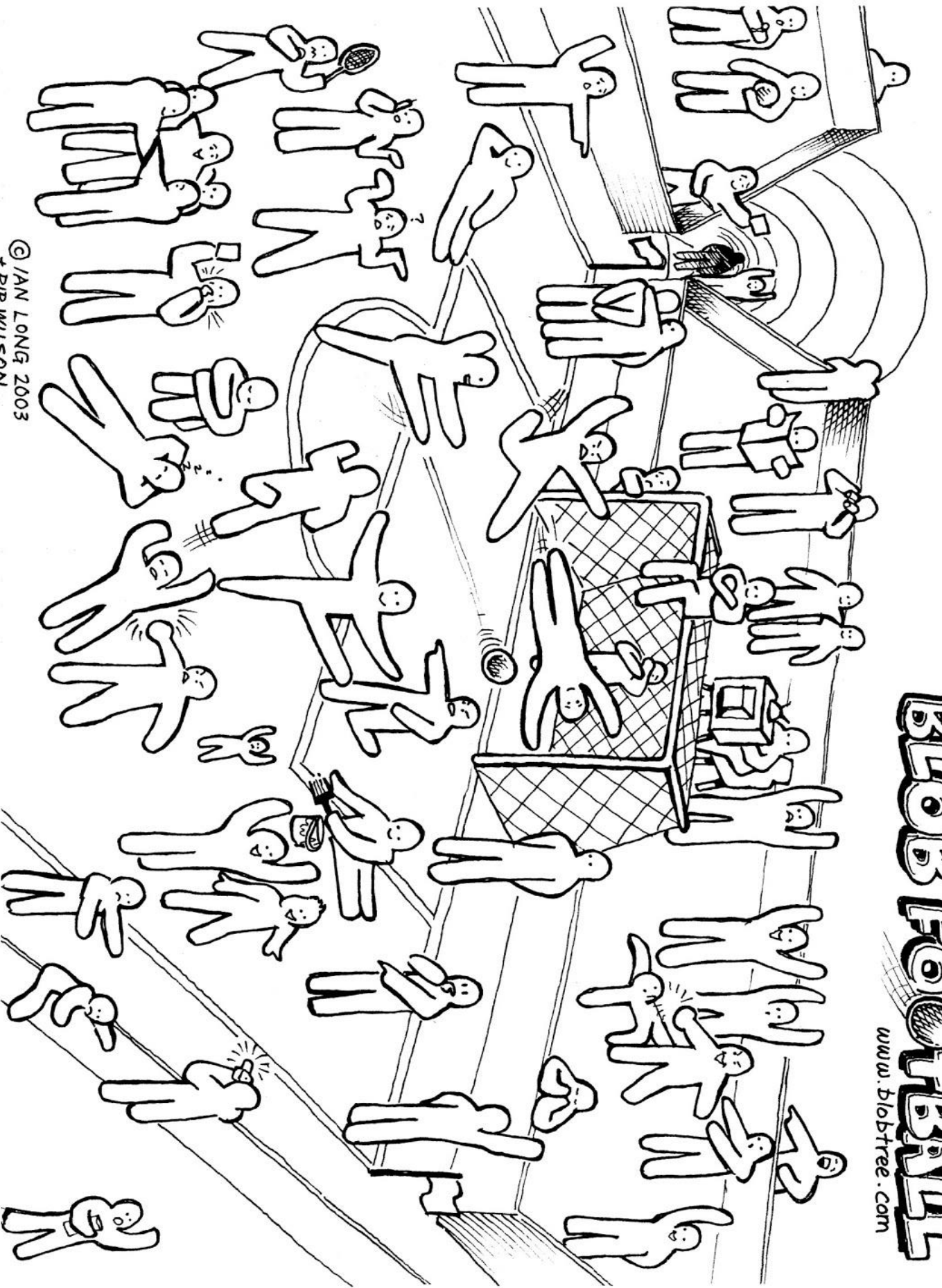
BLOB TREE





BLOB FOOTBALL

www.blobtree.com



© IAN LONG 2003
+ PIP WILSON

Bridge Builders

