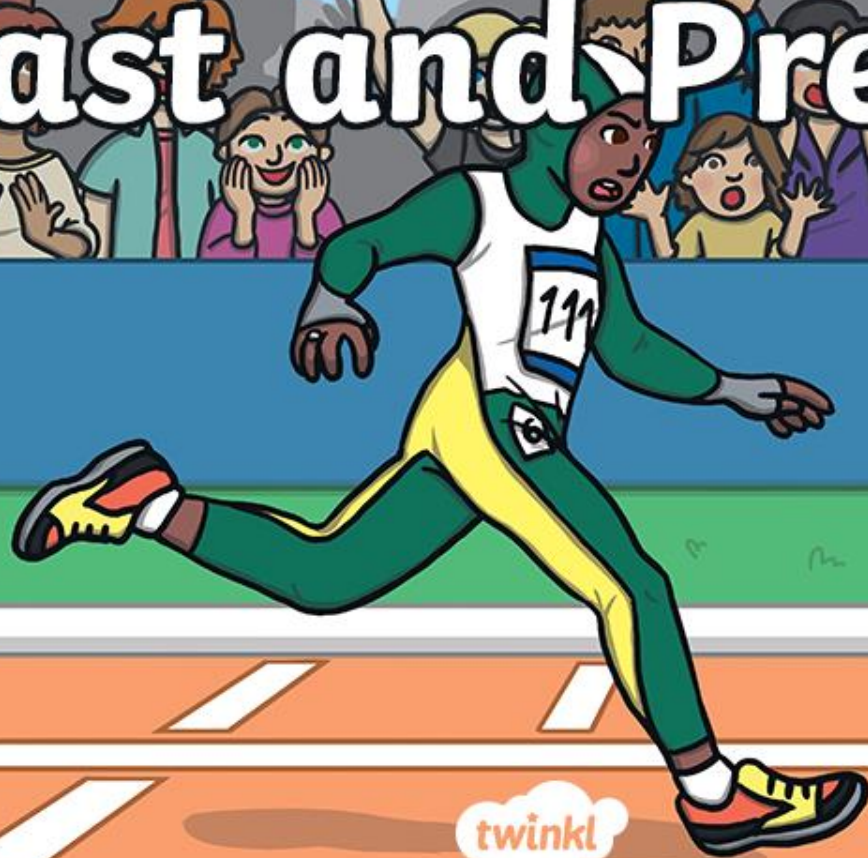


The Olympics Past and Present

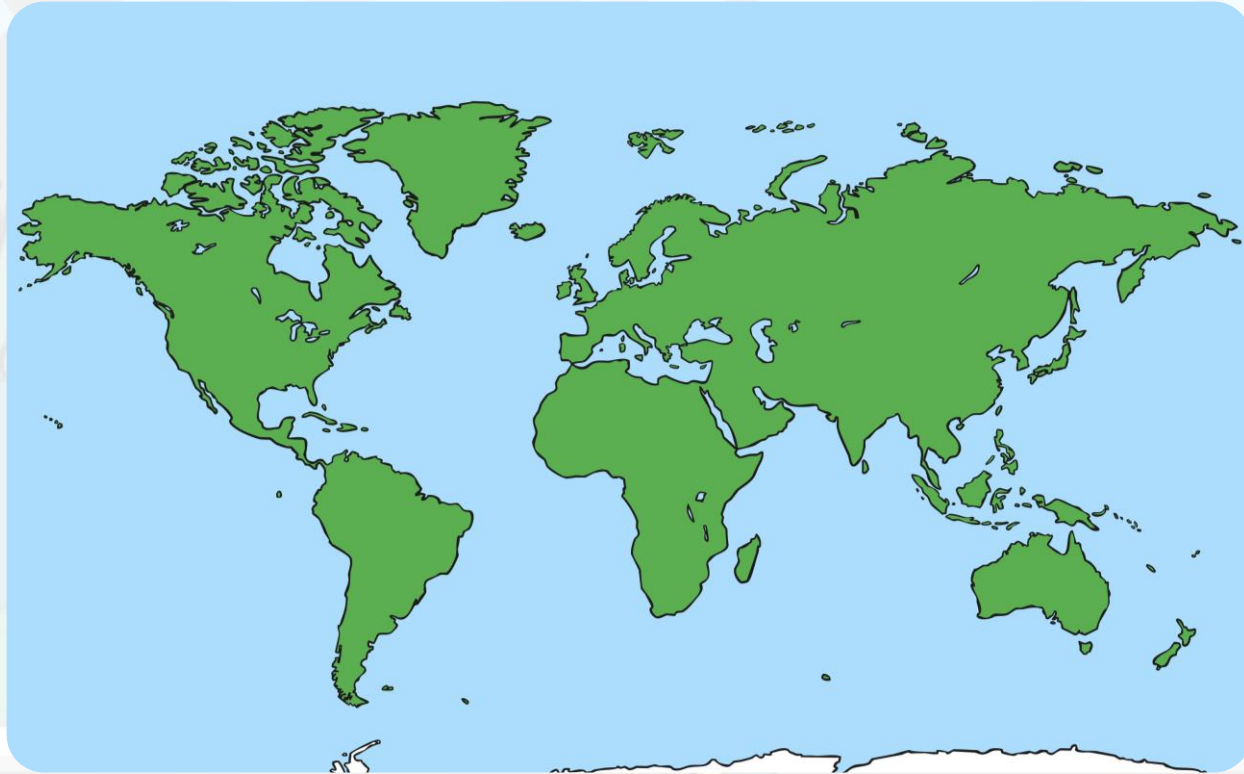


twinkl



The first recorded Olympic Games was held in Olympia, Greece in 776BC.

The Games were held every four years, as they are today.



Back then it was only held in Olympia, whereas now it is held in a different country around the world each time.

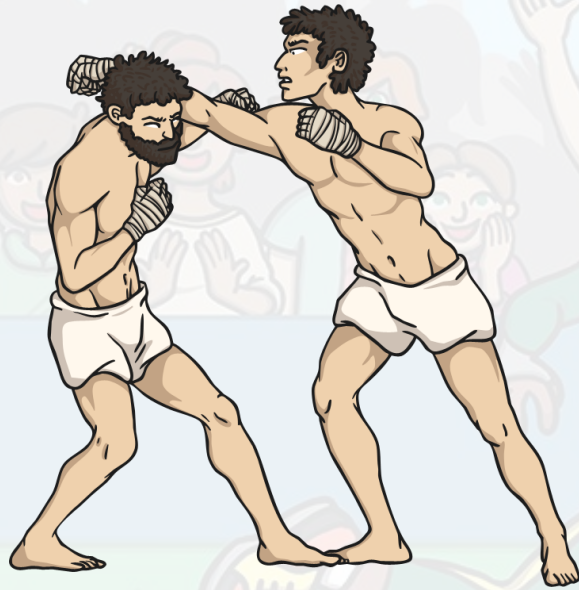
Today, as well as the Summer Olympics, the Winter Olympics are held two years after the Summer Games.



To symbolise the Ancient Olympics, the torch is carried around the country of the Games.

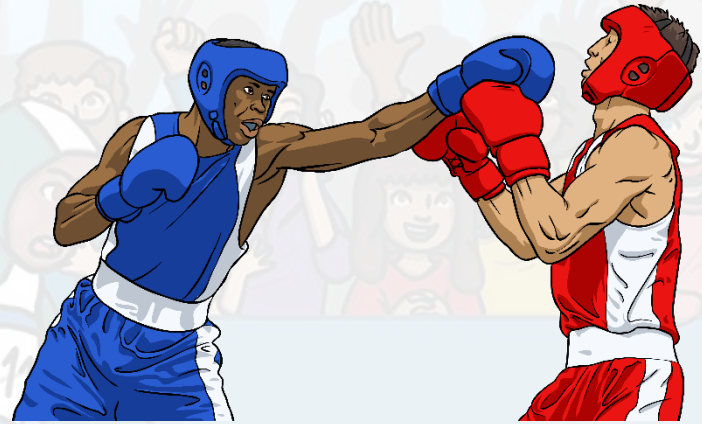


Ancient Olympics



In the Ancient Greek Olympics there were only ten sports.

Modern Olympics



In the Modern Olympics there are more than twenty different sports.

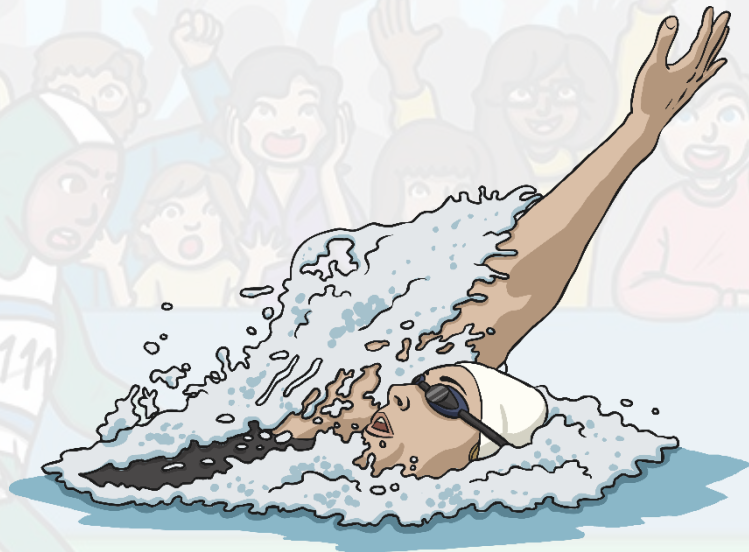


Ancient Olympics



The pentathlon consisted of running, wrestling, long jump, discus and javelin.

Modern Olympics



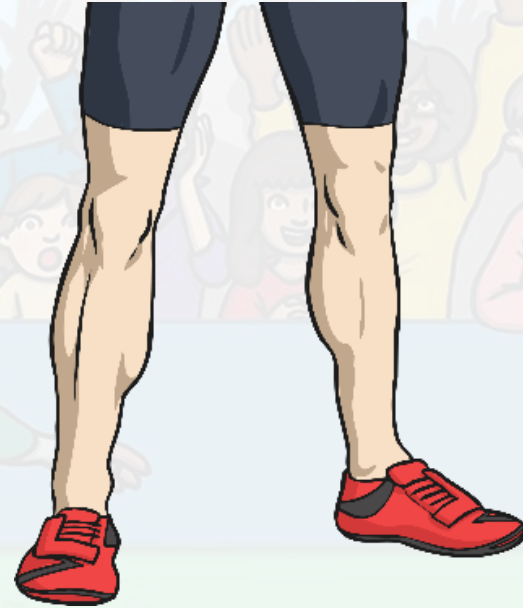
The modern pentathlon is made up of pistol shooting, fencing, swimming, showjumping and a cross-country run.

Ancient Olympics



Athletes ran barefoot and wore no clothes.

Modern Olympics



Track runners today wear special shoes that have spikes to help them grip.

Ancient Olympics



Women were not allowed to watch or compete in the Games.

Modern Olympics



Women and men both take part, but they do not compete against each other

